

**SEMEEL**

SECRETARIA MUNICIPAL DE EDUCAÇÃO, ESPORTE E LAZER

*A mudança está em nossas mãos*

**Atividades Orientadoras**

**7<sup>o</sup>**  
**ano**

**Ensino Fundamental**

UNIDADE ESCOLAR:

PROFESSOR(A)

ANO DE ESCOLARIDADE

DATA

7º ANO

35ª SEMANA (16/10 – 20/10)

NOME:

HOJE É?

CÓDIGO BNCC

SEGUNDA

TERÇA

QUARTA

QUINTA

SEXTA

EF06LI16

## LÍNGUA INGLESA

LI

### GRAMMAR: IMPERATIVE FORM + GENERAL KNOWLEDGE: FIT & HEALTHY

Nesta semana, estudaremos a IMPERATIVE FORM (Forma Imperativa) e trataremos de FIT & HEALTH (Boa forma e Saúde). O Imperativo são ordens e comandos, como no exemplo: **Eat fruit and vegetables.** (*Coma fruta e vegetais*).

**Exercise 01** [EF06LI17] – Translate the text, since the title and number the pictures, according to the sentences. (*Traduza o texto, desde o título e numere as figuras de acordo com as frases*).

**IF YOU WANT TO BE FIT AND HEALTHY , .....**

Read the sentences and number the pictures

- eat fruit and vegetables
- go swimming regularly
- drink milk before you go to bed
- get up early in the morning
- visit your doctor for check-up
- walk to school
- don't use the computer for long h
- use the stairs more often
- eat fish regularly
- don't eat fast food
- learn how to dance
- don't watch too much TV
- sleep well
- go jogging every morning
- play basketball with friends
- go hiking at weekends
- do morning exercises
- ride a bicycle

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